

# GOOD ADVICE

Been there, done that. So let us help you to be cool and comfortable on the slopes...



Buying your clothes in South Africa will always get you more for your rand. You have more time to shop and the time you spend shopping won't add further to the already expensive holiday. We sell clothing that are both fashionable and functional and because we understand our customers needs we will never try to oversell you.

If you are arriving on a weekend at a ski resort, it is preferable to buy clothing before you get there, because the sports shops are sometimes closed. Most people think twice before buying kids clothing but we make this decision easier. Buy a suit from us and we will gladly trade it in for a bigger size next year.

Layering of clothing is recommended, allowing for better temperature control.

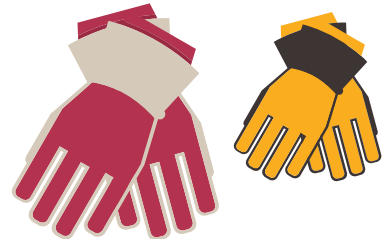
New and used equipment is available for sale from Goneskiing. Buying is worthwhile if you're a snow addict.



Jackets should be waterproof, wind resistant and breathable. A lighter thinner jacket is more versatile. Most good jackets have features such as snowskirts, lift pass pockets, pockets with zips that will protect your valuables and nowadays also connections and controls for your ipod / phone



Gloves are an absolute necessity when skiing or boarding, waterproof and thick. Wet hands are a killjoy. There are many different types of gloves to suit every style and expertise level.

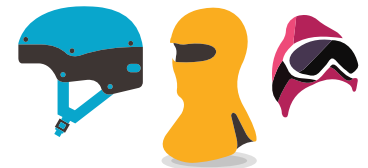


FACT: 30% OF YOUR BODY HEAT ESCAPES THROUGH YOUR HEAD. Ski hats, beanies and headbands will keep your ears warm. Choose according to your preference. A necessity.

Prevent sun & windburn with lip balm and high spf cream. Remember, on the snow you have glare from above and below.



Pants should be waterproof, wind resistant and breathable. Dungarees have a bib and braces that prevent snow from getting into your pants while ski pants are easier to get off, both tuck over your boots, and keeps the snow out.



Leather boots with a rubber sole are good to keep your feet warm and dry. Must be high sided and use wax treatments to water proof and protect the leather. Moonboots are more expensive and will probably only be worn while at the ski resort.



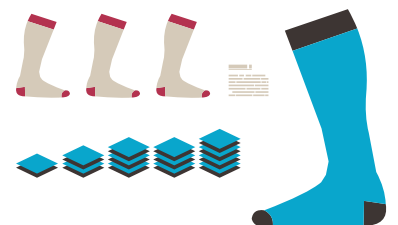
Ski goggles keep your upper face and eyes warm, if you're serious about speed and any action, its a must.



Snug fitting cotton / lycra pola necks. They have a zip down the front for flexibility and comfort. Good casual wear and will keep you warm under your jacket whilst skiing. Thermal long-sleeved vests and long johns, while not the sexiest, keep you warm and can be worn under ski gear. Great to be worn as pajamas during South



Ski socks are thicker, warmer and longer. Need em! Beware of ribbed socks as these cause pressure points on the heels and shins and often leave nasty bruises.



Protection your eyes from the UV rays reflected from the sun. Ski sunglasses are light, flexible and wrap more around your face, for better wind protection. Metal-framed glasses gets too cold.

